



Welcome to the Basque Coast

Ongi Etorri, Welcome !

Dearest volunteers,

We wish you all the best for your stay here and during your time here in the Basque Country. Here we are in a very singular and particular territory by the history and geography. Very close to Spain, we give a great place to the Basque culture. You will notice it by yourself, sometimes the signs are in both languages and some people might speak to you in Basque (don't panic, you will survive!).

Let's get into the subject, Bayonne and Anglet are very connected cities. Bayonne is rather a young, festive city, with a student population thanks to the university. Be ready to go out on Thursday nights when you can, little Bayonne is full of students ready to party. Anglet is more a "holiday" and quiet town, there is a lot of accommodation and not really a real "town centre". The two towns are separated by a boulevard called the BAB (literally Bayonne - Anglet - Biarritz). Yes because after Bayonne and Anglet, you have Biarritz. Biarritz is a city full of charm and has a very hipster side! You have a unique chance to live very close to the ocean so **TAKE ADVANTAGE OF IT**. Stroll along the ocean on foot, by bike or running for the more sporty (yes, yes, I imagine there will be). Don't be afraid to beat the waves of our beloved Basque coast, everything will go well.

If you are still volunteering during the summer, be sure that you will have your days and evenings (rather evenings) well filled. Here we eat a lot (beware vegetarians or vegan, it is not the ideal region) of meat and cheese accompanied by wine. Basque gastronomy is worth discovering (go and taste a good axoa or a taloa, you will tell us about it!).

We hope you enjoy this place as much as we do. Enjoy it, as much as you can !

10 things to do and to see absolutely !

1



Going up to La Rhune

Reach his altitude of 905 m! At the top, after crossing the path of a few pottoks (wild horses) and sheep, enjoy a panoramic view of the Pyrenees chain on one side and the Ocean on the other side.

2



Walking the "Sentier du littoral"

From Bidart to Hendaye via Saint-Jean-de-Luz and Ciboure, the coastal path offers grandiose panoramas. The Pyrenees on one side, beaches, strikes and cliffs on the Atlantic side. On foot or by bike!

3



The famous Côte des Basques

This mythical place of Biarritz is famous for the ballet of surfers. It's good to swim at low tide, go for a walk or just enjoy the panorama. Surrounded by cliffs, the beach offers a view of the mountains on one side and the emblematic Villa Belza on the opposite side.

4

The cellars of Jurançon

Take a tour of the cellars of this sweet and mellow white wine. It is a typical product of our region. Take part in a free visit and a tasting. To be consumed with moderation!



5



The road of the most beautiful villages of France Ainhoa, La Bastide Clairence, Saint-Jean-Pied-de-Port, Navarrenx and Sare, these five villages labelled "Most beautiful villages in France" in the Basque Country and Béarn, which you won't forget!

10 things to do and to see absolutely !

6



Take part in the Bayonne festivities !

This gathering is a very important event in the cultural life of Bayonne. For more than 80 years, we have been joining together for 5 days to celebrate dressed in red and white, with a red belt and a scarf. It's very important!

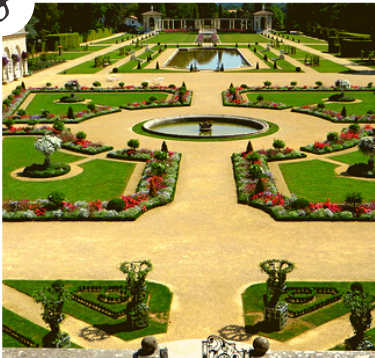
7



Go skiing in the Pyrenees

Even if our ski resorts are not the best known in France, they have the merit of being quite crowded and pleasant in high season. Gourette is the most accessible station by transport or by car.

8



The "Arnaga Villa"

Edmond Rostand's neo-Basque house in Cambo-les-Bains is the lair of the famous poet and author of "Cyrano de Bergerac". You will enjoy strolling through the French and English gardens.

The Boulevard des Pyrénées in Pau

1.8km long, it overlooks terraced gardens that link the upper and lower towns of Pau by the paths of the King and offers a magnificent view of the Pyrenees.

9



10



Don't forget the Landes !

It's the department next door to you. It is home to towns like Capbreton and Hossegor. Very famous for their wild beaches and surfing competitions!

General information

Let's start with a little bit of history! When we talk about the Basque coast, we generally talk about the "BAB" as we said before. But why? Simply because from 1877 to 1953, there was a tramway called "BAB" that connected these three cities. Nowadays, a main road linking these three cities is named "Boulevard du BAB".

Bayonne, Anglet and Biarritz make part of the greater urban area of Côte-Basque-Adour which counts about 130 000 inhabitants and since 2017 of the Basque Municipal Community which includes the whole Basque country of the French territory with around 300 000 inhabitants.



Weather

You must absolutely know that the weather in the Basque Country is very capricious. It can rain in the morning and in the afternoon it can be 35 degrees. We therefore advise you to bring your k-way, your umbrella but also your sunglasses, swimsuits and sunscreen.



	janv	fév	mars	avril	mai	juin	juil	août	sept	oct.	nov.	déc.
Température mini	5°	5°	7°	8°	12°	15°	17°	17°	14°	12°	7°	5°
Température maxi	13°	14°	16°	17°	21°	23°	25°	26°	23°	20°	15°	13°
Température mer	13°	12°	13°	14°	16°	19°	21°	21°	21°	19°	16°	14°

Source : partir.com

Bayonne



Superficie : 21.69 km²
Population : 48 178 habitants
Website: www.bayonne.fr

Characteristics: Bayonne is the capital of the Basque Country. Bayonne is also a cultural capital, a city with strong Basque and Gascon influences and a rich historical past. Its heritage is significant in architecture, gastronomic specialties and traditional events such as the famous Fêtes de Bayonne (last week of July). The historic district of Grand Bayonne is characterized by its narrow medieval streets and the gothic cathedral, offering pedestrian shopping streets and the Market Hall at the river bank. On the other side of the river Nive, in the district of Petit Bayonne, is the Basque Museum, dedicated to arts, crafts and traditions of the region. Since 2008 the university of Bayonne is situated in the city center at a former military site. The presence of about 2000 students stimulated the district Petit Bayonne, today very popular for its bars and restaurants.

Superficie : 26.93 km²
Population : 38 633 habitants
Website: www.anglet.fr

Anglet

Characteristics: Anglet was originally a small village between Biarritz and Bayonne, which became a city with a quite high population spread over a large area. Anglet consists mainly of residential districts, shopping areas and the famous coast line at the Atlantic Ocean with its large and sandy beaches. The most popular districts are therefore nearby the ocean (Cinq Cantons, Chambre d'amour) and very lively during the summer.



Superficie : 11,66 km²
Population: 24 713 habitants
Website: www.biarritz.fr

Biarritz



Characteristics: Biarritz, an elegant seaside town on the Basque coast, has become a popular destination since the crowned heads of all Europe chose it as a holiday resort in the 1800s. Many street names remind this era: Avenue de l'Imperatrice, Boulevard Prince de Galles. Today it's a favorite place for surfers because of its great beaches and surf schools. The rock of the Virgin, landmark of Biarritz, is a rocky outcrop surmounted by a statue of the Virgin Mary. Accessed by a footbridge, the rock offers a panoramic view of the Bay of Biscay. Biarritz has the infrastructure of two casinos, a concert hall (Gare de Midi) and many great hotels to be able to receive international congresses, dance and film festivals.

Health and Emergency



Bayonne Hospital

Address : 13 Avenue de l'interne Jacques Loeb, 64100 Bayonne



Capio Clinique Belharra

Address : 2 allée Docteur Robert Lafon, 64100 Bayonne



Clinique Aguilera

Address : 21 rue de l'Estagnas, 64200 Biarritz

SOS Médecins



Doctors 24h/24 and 7d/7

05 59 03 30 00

Appointment online: [here](#)



Planning familial de Bayonne (Family planning)

Useful for contraception, informations...

05 59 44 40 64 / Inside the hospital of Bayonne



Maison du don de Sang (Blood donation house)

10 rue Manuel Jaudel, 64220 Biarritz

0 800 744 100 - [only monday and friday](#)

Emergency Phone number

15 in France - 112 in Europe

Firemen: 18

Police: 17

Need a special medical appointment?

An appointment with the dentist or the ophthalmologist? You can find available appointments on the **Doctolib application**. It allows you to find available doctors and book the appointment directly on the [website](#) or the application.

Useful applications and websites



Citymapper

Citymapper

Essential for travel in large cities. In France, it's only available for the cities of Paris & Lyon. Citymapper is the combination of all possible and imaginable means of transport in a single app. It allows you to know how much transport costs (and the most advantageous), or how to get out from the metro quickly as possible (for the lazy team!) or even the best possible optimization of the journey (for the team, sleep is the most important thing!).



Maps.me

It's THE reference in terms of maps: unlike Google Maps, it is based on GPS and doesn't require a connection. Whether you are lost in the heart of a forest or in the mountains, the tool works without internet and will find you!



Reverso
Context

Reverso Context

It's a great tool for translating unfamiliar words or phrases that normal translators have trouble translating. Here, Reverso Context is based on the context of the sentence. The application offers games to memorize words and expressions. The service is available in 9 languages. To be explored!

leboncoin

Le Bon Coin

Are you the king of good deals? Le Boncoin is just what you need. You can buy, sell, put up alerts or have your orders delivered. It recycles!

Rome2rio

Rome2rio

Sometimes getting from point A to point B can be very complicated (especially in lost corners). Rome2rio can save you: the site combines all means of transport and allows you to find improbable buses or interesting flight connections. This can give you an overall range of how much your trip will cost.

Useful applications and websites



TooGoodtoGo

Too Good to Go is your ally in saving money and fighting food waste. The principle is simple: it allows you to discover shops around you that offer the unsold products of the day at very low prices. In addition, it allows you to discover your city a little better by going to get your surprise shopping baskets!

tricount



Lydia & Tricount

The combo of the two applications allows you to keep up to date with your payments with your friends or roommates. Tricount, offers you the possibility to enter your expenses between friends. Let's imagine, you go to a restaurant one pay, to a museum and another pay. Tricount will calculate who owes how much to whom, it's quite magical! The Lydia application allows you to make your reimbursement in a very simple way. As we always say, good counts make good friends ;) !



European Youth Card

The European Youth Card is a discount passport that can be used in 38 European countries. It gives you discounts on cultural places, shops, transport, restaurants and rentals. You can order it until you are 30 years old, it costs 10€. Good to know : use the application to have the geolocation of the good deals around you.



Google translation

The application is not really perfect in terms of translation, but it offers two quite interesting functionalities. The first one is the possibility to scan a text or take a picture, to get a translation without having to write or in the case of Chinese or Cyrillic alphabets (and we're happy about that!). The second one is the conversation mode that allows you to speak in your mother tongue, which translates into the desired language, and the person can also answer you in his or her own language.



Free prints

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